# 11<sup>th</sup> Annual Kiwanis John Fair Cross Country Invitational Meet August 29, 2015 8 am – 12:30 pm Foundation Park

The Mount Vernon Cross Country program and the Mount Vernon Kiwanis would like to extend an invitation to their  $10^{th}$  annual cross country event. The course remains friendly to spectators and coaches with great visibility of the runners over most of the course due to views across the lakes. The 5 kilometer and 3.2 kilometer courses are laid out around three lakes, wooded areas, and open grassland. The 5000 meter course has no repeating loops and will be adjusted slightly due to the renovations over the past year. The course is mostly flat with a few gentle rolling hills. Complimentary bottled water and fresh fruits are available to the runners at the end of each race. Concessions are available for the general public.

Entry is online only at <a href="www.baumspage.com">www.baumspage.com</a> and the deadline is Wednesday, August 26 at 8 pm. Entries are limited to 16 teams in each race. Timing will be done by On The Mark Timing, LLC and results will be posted to Baum's Page.

#### Time Schedule:

• 8:00am Course is open for inspection

9:30-10:00am High School Varsity Boys Race 5 km 20 entries per school

10:00-10:30am High School Open Boys Race 5 km unlimited entries

• 10:30-11:00am High School Girls Race 5 km 20 entries per school

11:00-11:30am High School Open Girls Race 5 km Unlimited Entries

• 11:45-12:15pm Middle School Boys Race 3.2 km (7<sup>th</sup>/8<sup>th</sup> grades)

• 12:15-12:45pm Middle School Girls Race 3.2 km (7<sup>th</sup>/8<sup>th</sup> grades)

## **Entry Fee:**

High School - \$60 per Boys or Girls; \$120 for both Middle School - \$60 per Boys or Girls; \$120 for both

## Awards:

High School – Trophies for the 1<sup>st</sup> and 2<sup>nd</sup> place teams

Individual awards: Plaques (1<sup>st</sup> thru 5<sup>th</sup>); Medals (6<sup>th</sup> -25<sup>th</sup>); Ribbons next 50 finishers

Middle School – Trophy for the 1<sup>st</sup> place team.

Individual awards: Medals (1<sup>st</sup> thru 5<sup>th</sup>); Ribbons (next 50 finishers)

Awards will be presented in the chute and team trophies as soon as results are available.

#### **Results:**

Copies will be posted near the concession stand and results are also posted to Baum's Page.

## Concessions:

There will be a concession stand at the meet. Invitational T-Shirts will also be available.

# **Contact for Information:**

Mark Shively, Activities Director, Mount Vernon High School, <a href="mailto:mshively@mvcds.us">mshively@mvcds.us</a>
Donna Evert, Secretary – Activities Dept., Mount Vernon High School, 300 Martinsburg Rd., Mount Vernon, OH 43050, 740-393-5900 ext. 5936 or fax 740-392-4751, devert@mvcsd.us

Andrew Clarkson (Meet Manager) 740-397-9525 or theclarkson7@gmail.com

Admission per OCC: \$6 per adult; \$4 per student and children under 5 admitted free.